HEALING CHILDREN THROUGH PARENTAL SURROGATES USING THE QUANTUM HEALING HYPNOSIS TECHNIQUE

by Lynne Benton, Certified Clinical Hypnotist and Certified QHHT Practitioner

The *Quantum Healing Hypnosis Technique*, or QHHT, is one of the relatively new effective healing modalities being widely practiced all over the world today. QHHT promises to continue gaining recognition as more and more people learn about and experience mind and body healing through this technique.

Many QHHT clients are looking for alternative ways to safely treat their children for various symptoms. Parents want safe solutions that really help target the issues their child is experiencing, not subject them to long drawn out treatments and potentially harmful medications that can create additional discomfort and concerning problems for their child.

Fortunately, Quantum Healing Hypnosis Technique now has an effective solution for parents and their children, but that was not always the case. The well-known and respected founder of QHHT, Dolores Cannon, taught that this technique is not suitable for children to directly experience, simply due to the complex nature of concepts like a "higher mind", that may be beyond a child's developmental understanding.

Because this technique has worked so well for adults, practitioners wanted to find a way that this technique could safely be used with children. Explorations in Quantum Physics have opened the door for scientific and psychological communities to learn more about the mind- body-connection and how we can safely harness some of its powerful elements to use in healing techniques with children. Practitioners discovered that these techniques can be successfully and safely applied to adults and children, when their parents serve as "surrogates" for them. The child does not have to be present in a QHHT session when their parent is serving as a surrogate for them. They will receive the same benefits as if they were present themselves. Parents serving as surrogates lovingly address the concerns their child is experiencing with a non-evasive approach that can be used to support other healing modalities.

Many people recognize and experience that we are connected to something much larger than ourselves, whether they think of this Being as God, Source, the Divine, the Creator, a Higher Power, or the Higher Mind. QHHT enables you to connect to this Higher Mind Consciousness through hypnosis, to discover the true origins of the illness or emotional state that the child is afflicted with. The Higher Mind of the family is completely interconnected with Source itself. Parental surrogates can use their own healing power that they generate and apply through thought and their connection to the Source. It is important to note that because of the free-will aspect of this situation, only parents may serve as a surrogate to assist their children, as a child's self-will is under the supervision of their parents.

The QHHT process can often accomplish what traditional therapy cannot. Traditional modalities can have the child endure years of psychological counseling, therapy and potentially harmful medications, when one session of QHHT with the parental surrogate can help the child experience effective results. QHHT can be used to promote emotional and physical states of healing within the child's body. Once the emotional state of the body is healed, spontaneous physical healing can occur within the parent as well as the child. In fact, any adult can serve as a surrogate for other adults if permission has been given prior to the QHHT session. For example, with prior permission granted, an individual may serve as a surrogate for someone who is not

physically present, such as a spouse, friend, etc. Because the All Higher Mind is connected to all, healing can take place anywhere, anytime regardless of proximity to the patient.

Lynne Benton is a Certified Clinical Hypnotist and Certified Quantum Healing Hypnosis Technique practitioner in Asheville, NC. She can be contacted at (832) 689-3395 or by visiting www.quantunhealinghypnosis-asheville.com and submitting an inquiry form on the Contact page.